Carlow & South Leinster RCC

Annual Report
(Jan -Dec. 2025)

Held on the
10th September 2026
RCC Carlow

The Carlow and South Leinster Rape Crisis Centre (CSLRCC) has been a cornerstone of support in its community since its official opening in 1995. Operating as a limited company with charitable status, the Centre is dedicated to providing essential services for survivors of sexual violence and promoting awareness and education to address these critical issues. Located at 72 Tullow Street, Carlow, the Centre serves as an accessible and welcoming space for individuals in need. Its operations are funded through a mix of support from CUAN, various grants, self-financing efforts, and the generosity of donors and fundraisers. This blend of financial backing allows the Centre to offer vital resources and services to its community.

The organisation comprises a Board of Directors, a Centre Manager, skilled team comprising of staff members, and dedicated volunteers. Together, they ensure the Centre's smooth operation and commitment to providing high-quality care and support to those they serve. Fully skilled therapeutic volunteers play a particularly significant role in extending the Centre's reach and enhances its capacity to assist survivors which is evidenced in the expansion of a satellite service in Athy.

Governance and accountability are key priorities for the CSLRCC. The Centre is fully registered with the Charities Regulatory Authority, ensuring compliance with national regulations and ethical standards. As a member of the Rape Crisis Network Ireland (RCNI), the Centre works collaboratively with other organisations to improve services, share resources, and advocate for systemic changes. It also actively engages with other agencies to strengthen its impact and support network.

At its core, the CSLRCC exists to provide a safe, confidential, and empowering environment for survivors of sexual violence. Its services include counselling and support, advocacy, and education programs, each designed to meet the unique needs of individuals while promoting a greater understanding of sexual violence and its impacts. Through these efforts, the Centre remains a vital resource for healing, resilience, and progress within the community and surrounding counties.

Mission:

Carlow & South Leinster Rape Crisis Centre provides a free, professional counselling and support service to survivors and those supporting the survivors of all forms of sexual abuse and violence, while also working actively towards a society where sexual violence is no longer tolerated.

Objectives:

To provide a support counselling service to those who have experienced any form of sexual violence at any time in their lives and to those who support those affected by sexual violence.

To promote and support those in communities, education and bring greater awareness to the general public as to the nature and incidence of sexual abuse in the community.

Minutes of the 2024 Annual General Meeting

Held on Thursday, 30th October 2025

Present:

Dave Gahan (Chairperson), Sarah Shakespeare, Sarah Otten, Ger Preteau, Gerry Murphy, Donal O'Dwyer, Accountant, and Anne Kirwan-Finn (Director of Services).

1. 1. Welcome and Approval of Previous Minutes of the 16th December 2024.

The Chairperson, Dave Gahan, welcomed all attendees and ratified the minutes of the previous AGM.

2. 2. Presentation and Adoption of Financial Statements

The financial statements for 2024 were presented by Donal O'Dwyer of Carrigan O'Dwyer Ltd, Auditors. The financials were accepted and formally signed by Dave Gahan (Chairperson) and Gerry Murphy (Board Member).

3. 3. Annual Reports

The Chairperson, Dave Gahan, and the Director of Services, Anne Kirwan-Finn, delivered the Annual Report for 2024. The Chairperson expressed gratitude to all those who contributed to and supported the work of the Carlow & South Leinster Rape Crisis Centre, and looked forward to continued collaboration in 2025 to sustain and strengthen this vital service.

4. 4. Resignation and Re-Election of Board Members

The following nominations and appointments were made and unanimously approved:

- Chairperson: Dave Gahan — nominated by Sarah Otten, seconded by Gerry Murphy
- Board Secretary: Sarah Otten — nominated by Dave Gahan, seconded by Gerry Murphy
- Recording Secretary: Anne Kirwan-Finn — nominated by Gerry Murphy, seconded by Dave Gahan

5. 5. Appointment of Auditors

It was agreed by all Board Members that Carrigan O'Dwyer Ltd be reappointed as Auditors for the forthcoming year.

6. 6. Conclusion

There being no further business, the meeting concluded, 2024 Financial Statements enc.

Carlow and South Leinster Rape Crisis Centre,

Annual Report for 2025 (Jan-Dec)

Held on 10th September at 6.30pm

At the Carlow Centre

AGENDA

- Welcome to our Annual General Meeting – Chairperson Dave Gahan
- Presentation of 2025 Audited Accounts by Donal O'Dwyer – Xeinadin Ireland
- Any items arising from previous year report (attached)
- Resignation and Re-Election of Directors to the Board
- Report by Chairperson Dave Gahan and Centre Manager Philomena Clarke
- Thank You and Closure

Manager's Report

Carlow and South Leinster Rape Crisis Centre CLG

Annual General Meeting 2025

It is a real privilege to be here this evening to present the Manager's Report for the AGM of the Carlow and South Leinster Rape Crisis Centre. Just to start by saying this year has been a year of change, development, learning and, most importantly, continued commitment to the people who come through our doors. Taking on the role of Centre Manager has been an incredibly significant new chapter for me personally. I have been incredibly grateful for the support I have received from our Board, our staff, our volunteers, our funders, our community partners, and everyone who has taken the time to help, encourage and guide me along the way.

When I was looking back over the 2025 statistics and reports, I feel incredibly proud of what has been achieved and what we continue to build upon, but I am also very aware that none of this happens because of one person. The work of Carlow and South Leinster Rape Crisis Centre is a team effort, and every person who contributes to the Centre plays an important part in what we do.

Supporting Survivors

At the heart of the centre is the survivors who trust us with their stories. Our purpose remains quite simple: to provide a safe, confidential, specialist and trauma-informed service to people who have experienced sexual violence and abuse. Behind every appointment, every phone call, every email, and every conversation is a person who has taken what can be an incredibly difficult step in reaching out for support.

That is something we never take for granted.

Our counselling team continues to provide specialist support to adolescents and adults, through face-to-face counselling as well as online and phone support. Our helpline remains an important first point of contact for many people, and the clinical team continue to respond with compassion and care. During 2025, we supported 260 Clients including, 68 Adolescents, we provided 809 Helpline Supports, resulting in 2391 appointments overall.

The work can be challenging, but it is also incredibly meaningful. One of the things that has really stood out to me within the building this year is the feedback we received from survivors.

Celebrating 30 Years

Last year was particularly special as the Carlow and South Leinster Rape Crisis Centre celebrated 30 years of supporting survivors. The 30th anniversary celebration was a wonderful success and gave an opportunity to stop for a moment and reflect on the journey of the Centre. Thirty years represents an enormous amount of courage, commitment, and dedication. It represents the survivors who have trusted in the Centre over those years, we remember past and present staff and volunteers who have supported them, the members of the Board who have provided governance and leadership, and the funders, supporters and community partners who have helped keep the service going.

It was also an opportunity to recognise just how much the Centre has contributed to the local community for over three decades. I would like to thank everyone who helped make the anniversary celebration so special. Most importantly, I want to acknowledge the survivors whose courage has always been at the centre of this organisation.

The Voices of Survivors

As part of our 30th anniversary celebrations, a beautiful display of butterfly messages from survivors was created. Those messages were incredibly powerful. They remind us as we reflect on 2025, that behind every statistic is a person, a life, and a story. They also remind us of the difference that our Centre makes.

In this line of work, we do not always receive feedback on how we are going and so for the staff I hope this can function as a reminder of the work you do, and how much it matters. It reinforced why it is so important that survivors have somewhere safe to turn, somewhere they will be listened to, believed, and supported.

A Special Thank You to Anne Kirwan Finn

I would also like to take this opportunity to give a special thank you to Anne Kirwan Finn. Anne has given many years of dedication, commitment and expertise to the Carlow and South Leinster Rape Crisis Centre. Her contribution to the work of the Centre has been significant, and her experience has helped shape the service we provide today.

As we have just celebrated 30 years, it felt particularly important to recognise the people who have given so much of themselves to the Centre over the years, and Anne is one of those people. Thank you, Anne, for your commitment, and for the work you have done for survivors and for the Centre over the years.

KAS: Education and Prevention

Another really key area of our work continues to be prevention and education. Our KAS programme has developed into an important part of the work we do with young people. Through our work in schools, we have the opportunity to talk openly with young people about consent, healthy relationships, sexual violence, online behaviour, image-based abuse, and the pressures that young people can face today.

This work is so important because prevention starts with education. The conversations we have with young people today can help shape how they understand respect, boundaries, consent, and relationships into the future. I would like to thank the staff who have been involved in delivering KAS in schools. During 2025, we delivered workshops across 30 schools, which worked out to 99 groups overall. We covered 6 Counties and a total of 2,475 students which is phenomenal work.

Standing in front of a classroom and having conversations about subjects such as consent and sexual violence is not always easy, but it is incredibly important work. The dedication of our staff in bringing this programme into schools is something we should be enormously proud of.

Developing Our Community Connections

Over the past year, we have also placed a much greater emphasis on developing relationships within our local community. We cannot do this work alone. Supporting survivors requires strong relationships between organisations, statutory services, community groups, schools, businesses, and individuals.

We have continued to develop connections this year with local organisations and agencies and have begun building relationships with Carlow Women's Aid, the Courts Service, local representatives, Carlow County Council, Chambers of Commerce, community groups, and other services across the region.

We have also developed links with the Men's Shed movement, and we are looking at ways in which we can work together on positive community projects and create welcoming spaces within our new premises. These relationships are important because they help people understand who we are, what we do and, most importantly, how survivors can access support. We are also looking at how the Centre can become more connected to the plans and conversations happening within our community.

Our New Premises

One of the biggest developments for the Centre is our move towards a new and larger premises on Dublin Street in Carlow. This is an exciting step for the organisation. For many years, the Centre has worked within limited space, and having a larger premises

will make a real difference. More space means the potential for more counselling rooms, improved facilities, more room for staff, opportunities for meetings and training, and the possibility of welcoming other community and professional partners into the building.

It also gives us an opportunity to think differently about how the Centre can operate in the future. The new premises is not simply about having a bigger building. It is about creating a space that feels safe, welcoming, and professional for survivors, staff, volunteers, and visitors. It also opens up opportunities for in-house training and professional development, which is something about which I am particularly excited. As our team continues to develop its skills, there is potential for the new Centre to become a place where specialist knowledge can be shared and where staff can continue to learn and grow together. Alongside this move we have secured counselling spaces in Athy, Kildare and more potential areas across the Kildare region, expanding our service in the communities we serve.

Developing Our Services and Our Team

Last year our staff and volunteers continued to engage in training and professional development. This is essential in a specialist service such as ours. The needs of survivors change, and our knowledge and practice need to develop alongside those needs. Further specialised sexual violence training is planned for later this year, and this will allow our team to continue building its specialist knowledge and expertise. The aim is always to ensure that the support we provide remains compassionate, professional, trauma-informed, and responsive. Our staff and volunteers are the people who deliver this work every day, and I want to acknowledge the commitment they bring to the Centre.

The work can be emotionally demanding, and supporting people who have experienced trauma requires skill, resilience, and compassion. We have a responsibility to support our staff and volunteers as well as the survivors we work with. This will remain a priority for me in the coming year.

Funding and Financial Support

None of the work of Carlow and South Leinster Rape Crisis Centre would be possible without the financial support we receive. I want to take this opportunity to express our sincere gratitude to CUAN and the HSE National Lottery funding, for their funding during 2025. We are incredibly thankful for the funding we receive. Funding does not simply pay for a service. It allows us to employ staff, provide counselling, deliver prevention programmes, maintain our premises, invest in training, and continue to be there when a survivor needs us.

We are very conscious of the responsibility that comes with receiving public and charitable funding, and we are committed to ensuring that those funds are used carefully and responsibly. Every contribution makes a difference.

Building Stronger Partnerships

As we look towards the future, partnership working will remain a major focus for the centre. We want Carlow and South Leinster Rape Crisis Centre to be an organisation that is well connected, visible, and actively involved in the communities we serve.

Our connection now with the Charities Institute Ireland will also help us continue developing our governance, organisational knowledge and understanding of best practice within the charity sector. These relationships are all part of building a stronger organisation for the future. Receiving the Triple lock award was the first step in aligning with this governance framework.

Looking Towards the Future

There is a real sense of possibility for Carlow and South Leinster Rape Crisis Centre. We have an opportunity to build on the last 30 years of experience while also looking towards the next 30 years. Our new premises gives us more space and more opportunity. Our developing partnerships give us more connections. Our social media, podcasts and community engagement give us a stronger voice. Our work in schools gives us an opportunity to educate and prevent. Our training and professional development strengthen the expertise within our team. And our relationships with funders, statutory agencies, community organisations, and local representatives give us the foundations to continue developing.

For me, this is about much more than simply promoting the Centre. It is about starting conversations. It is about challenging myths and stigma. It is about letting survivors know that they are not alone. And it is about helping the wider community understand the impact of sexual violence and the importance of specialist support.

But whatever development looks like, there is one thing that must never change. The survivor must remain at the centre of everything we do.

Our goal is not simply to become a bigger organisation. Our goal is to become a stronger organisation, one that is accessible, professional, compassionate, well connected, and able to respond to the needs of survivors and our communities.

Acknowledgements

I would like to acknowledge our Board of Directors. Change can bring challenges, and having a Board that is willing to listen, support and work alongside the management team is incredibly important. I appreciate the time and commitment that Board members give to the Centre. I want to take a moment to acknowledge Gerry Murphy and

Sarah Shakesphere, who resigned from the Board this year, but who were fundamental in supporting the centre over the last number of years.

I would also like to formally welcome Anne Meaney, our newest Board member, and thank her for being here with us tonight. We are delighted to have Anne join the Board, and I look forward to working with her and benefiting from the experience, knowledge, and perspective she will bring.

To our staff and volunteers, thank you for the work you do every day. The work of this Centre is not always easy, but you continue to show up every day for survivors with such professionalism, compassion, and dedication.

To **CUAN, the HSE National Lottery and all of our grant funders**, thank you for believing in the work of the Centre and for providing the funding that allows us to continue and develop our services.

To **John Campion, Xeinadin Accountants, Donal and Brídie**, thank you for the financial and administrative support you have given us throughout the year.

To our **schools and education partners**, thank you for allowing us into your classrooms and for recognising the importance of conversations around consent, healthy relationships, and sexual violence.

To our community partners, statutory agencies, local businesses, Chambers of Commerce, Carlow Women's Aid, the Courts Service, Men's Sheds, Carlow County Council, and everyone who has opened a door to us, thank you.

And finally, and most importantly, to the survivors who have trusted Carlow and South Leinster Rape Crisis Centre.

Thank you for trusting in us. Your courage is at the heart of everything we do. The beautiful butterfly messages we received last year are a reminder of the difference that support can make. They remind us why we are here.

Conclusion

To conclude, I feel incredibly proud of what has been achieved during 2025 and incredibly grateful to everyone who has supported the Centre along the way. There is still work to do. There will always be challenges. But there is also enormous potential. We have a strong history. We have an incredible team. We have supportive Board members, funders, and partners. We have a growing presence in our community.

And we have a new chapter ahead of us. I am extremely excited about where the Carlow and South Leinster Rape Crisis Centre can go next. Most importantly, I want us to continue to be a place where survivors know they will be heard, believed and supported.

For me, that will always come back to four simple words within our mission statement :

We listen.
We believe.
We support.
We empower.

Thank you.

Philomena Clarke,

Centre Manager

Manager's Report

Annual General Meeting

Carlow and South Leinster Rape Crisis Centre CLG

Philomena Clarke, BSc. MSc. MIACP

A Year of Change & Development



Continued commitment to survivors and our communities



A new chapter for the Centre and a new chapter for me as Centre Manager



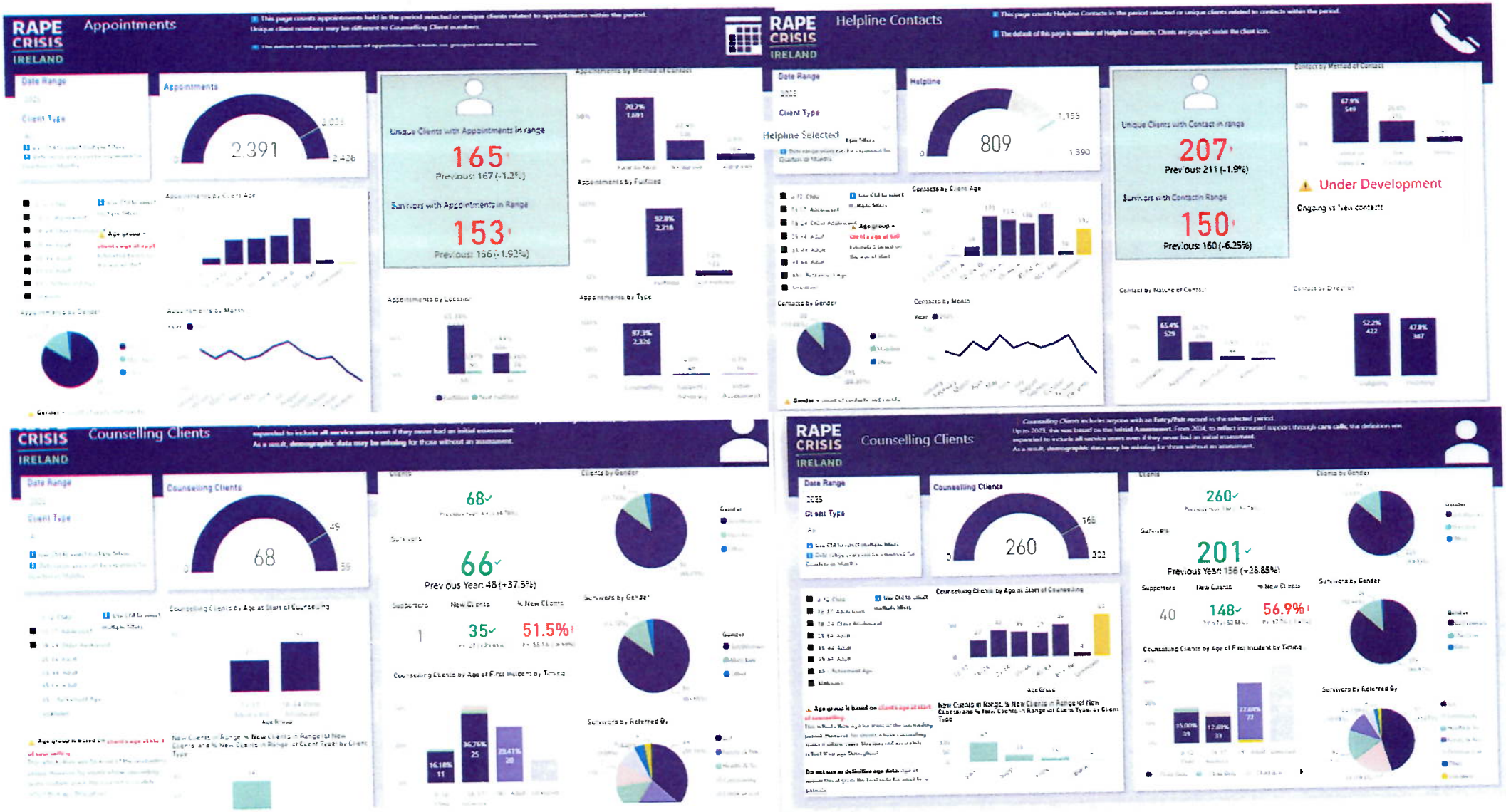
Growing our services, partnerships, visibility and professional development



Building strong foundations for the future

Supporting Survivors

- Safe, confidential, specialist and trauma-informed support
- Counselling for adolescents and adults
- Face-to-face and online support where appropriate
- Helpline support remains an important first point of contact
- Survivors remain at the heart of every decision we make


RAPE CRISIS IRELAND
Appointments
Unique Clients with Appointments in range
165
Previous: 167 (-1.2%)
Survivors with Appointments in Range
153
Previous: 156 (-1.92%)
RAPE CRISIS IRELAND
Helpline Contacts
Helpline
809
Unique Clients with Contact in range
207
Previous: 211 (-1.9%)
Survivors with Contact in Range
150
Previous: 160 (-6.25%)
Under Development
Ongoing vs new contact
CRISIS IRELAND
Counselling Clients
68
66
Previous Year: 48 (+37.5%)
Supporters
New Clients
% New Clients
1
35
51.5%
RAPE CRISIS IRELAND
Counselling Clients
260
260
201
Previous Year: 156 (+28.85%)
Supporters
New Clients
% New Clients
40
148
56.9%



Celebrating 30 Years

- 30 years of supporting survivors
- A chance to celebrate our history and the people who built the Centre
- Recognising survivors, staff, volunteers, Boards, funders and community partners
- A successful anniversary celebration and a proud milestone for the Centre



Voices of Survivors

30TH ANNIVERSARY BUTTERFLY MESSAGES CREATED A POWERFUL DISPLAY

SURVIVOR FEEDBACK REMINDED US OF THE DIFFERENCE OUR WORK CAN MAKE

BEHIND EVERY STATISTIC IS A PERSON, A LIFE AND A STORY

WE LISTEN. WE BELIEVE. WE SUPPORT. WE EMPOWER.

A Special Thank You to Anne

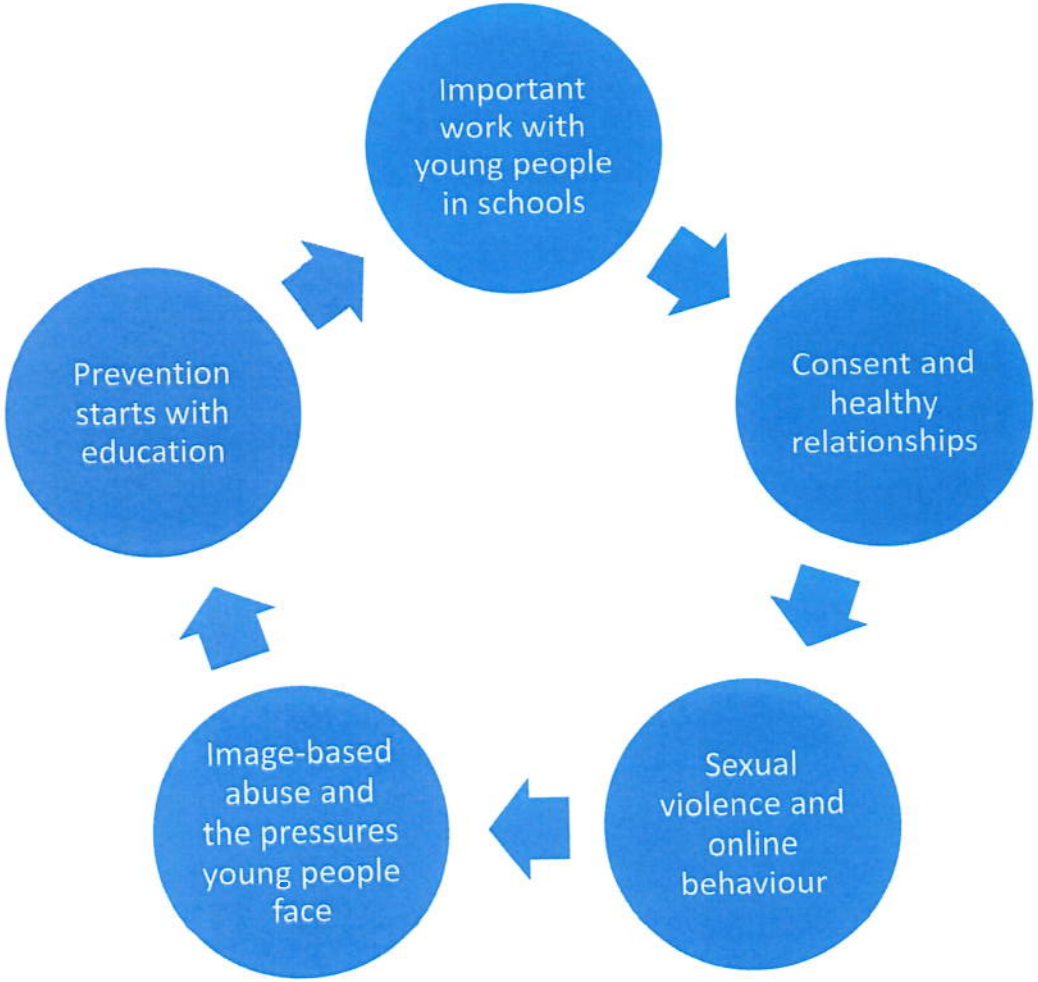
Anne Kirwan Finn has given many years of dedication and professional expertise

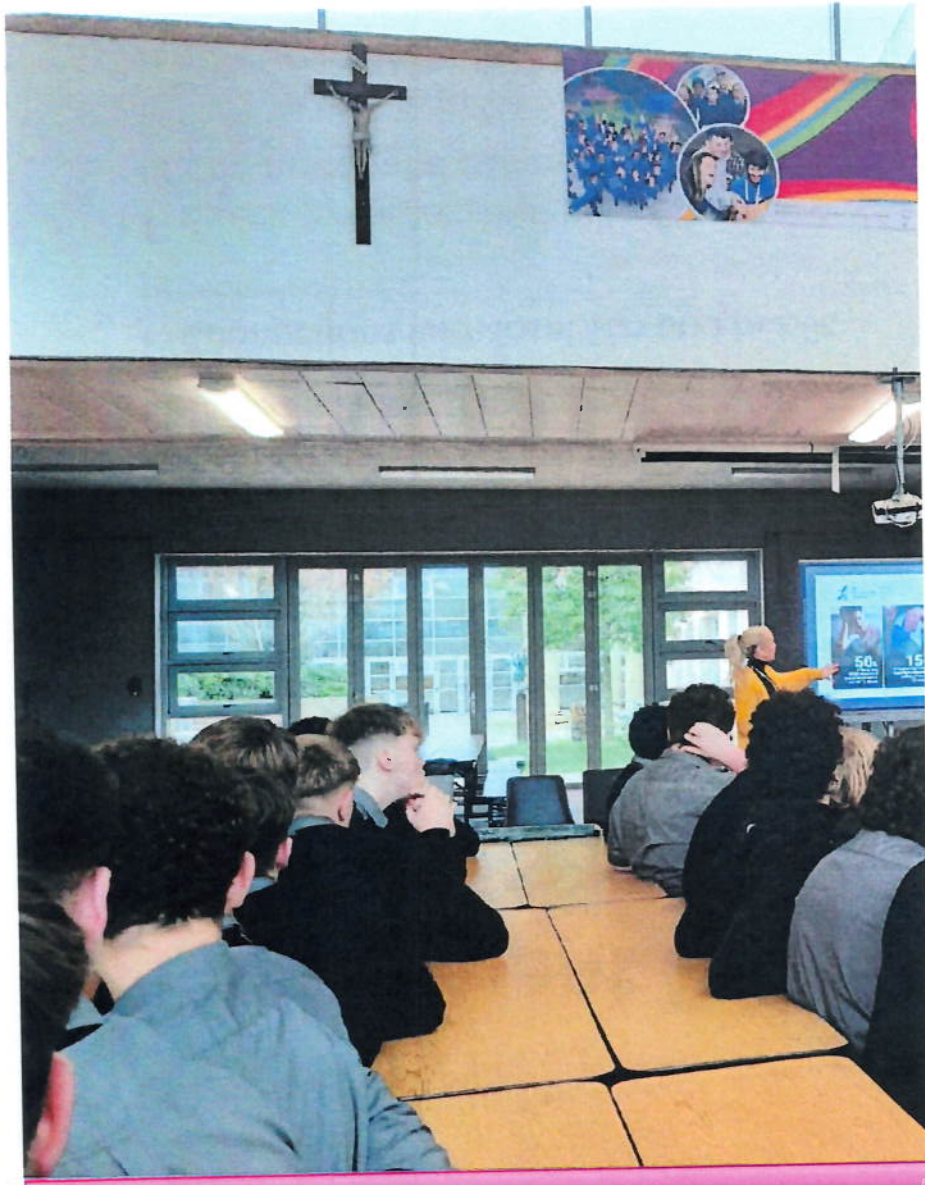
Her contribution to the clinical work of the Centre has been significant

Her knowledge and experience have helped shape the service we provide today

Thank you, Anne, for your commitment to survivors and to the Centre

KAS Education & Prevention





Thank you to our KAS Team

- Thank you to the staff delivering this important work in schools
- These conversations are not always easy, but they are incredibly important
- Helping young people understand respect, boundaries and consent
- Building awareness and safer communities for the future

Community Engagement & Awareness

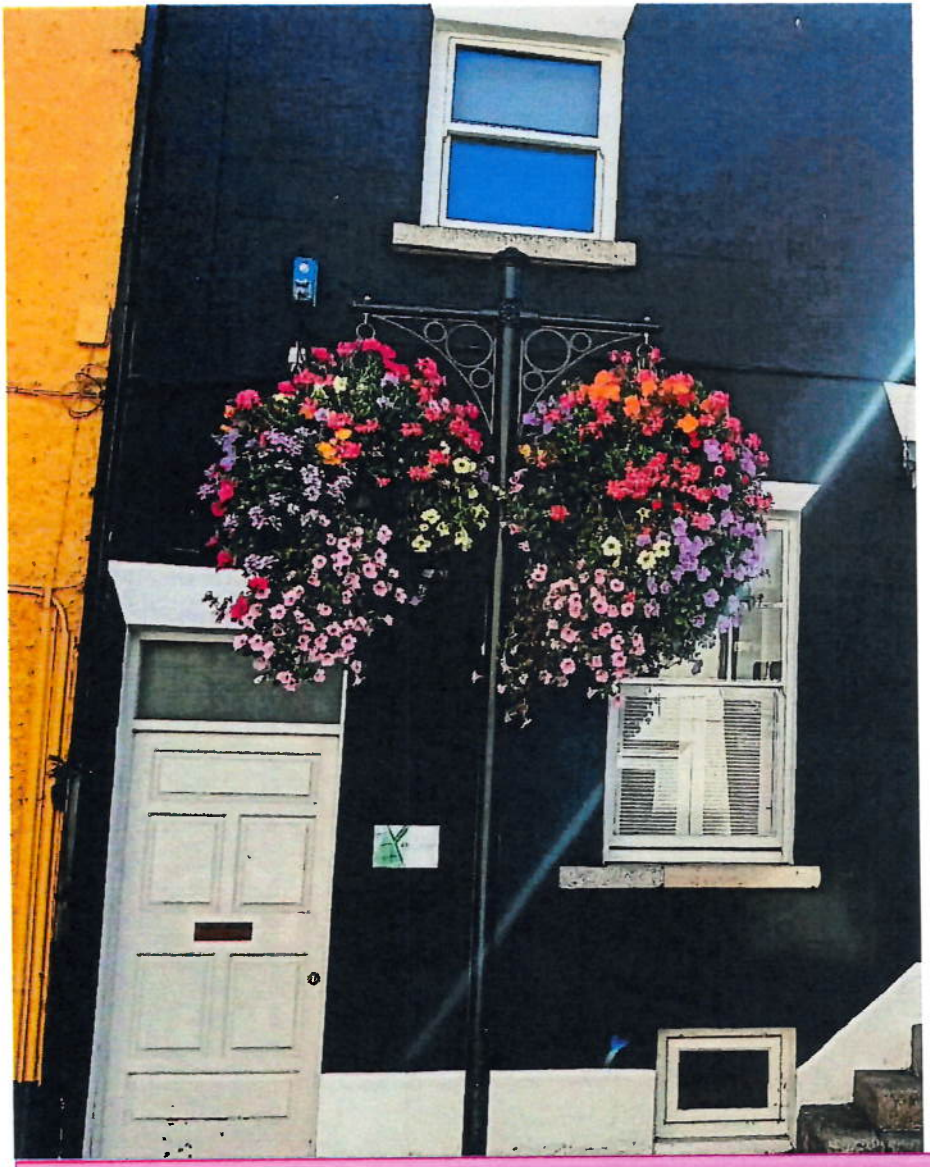
- Developing stronger relationships across Carlow and South Leinster
- Links with Carlow Women's Aid and the Courts Service
- Engagement with Carlow County Council and local development processes
- Connections with local TDs and public representatives
- Building relationships with Chambers of Commerce and community groups



t.e Carlow Traveller Pride Festival in Saint Catherine's Community Services Centre, Carlow, recently
Photo: Micha

Our Voice & Visibility

Growing	Growing our social media presence
Taking	Taking part in podcasts and community conversations
Challenging	Challenging myths and stigma around sexual violence
Promoting	Promoting support and starting important conversations
Making	Making the Centre more visible and accessible



New Premises: A New Opportunity

Moving towards a larger premises on Dublin Street

More space for counselling and improved facilities

Opportunities for meetings, training and partnership working

Potential for in-house specialist training and professional development

Creating a safe, welcoming and professional space

Developing Our Services & Team

- Continued staff training and professional development
- Strengthening specialist knowledge and skills
- Exploring opportunities to support younger adolescents
- Further specialised sexual violence training planned
- Keeping our practice specialist, compassionate and trauma-informed

Funding & Financial Support

- Deeply grateful to CUAN and HSE National Lottery funding
- Thank you to all grant funders and supporters
- Funding allows us to employ staff, provide counselling and deliver prevention work
- Investment supports premises, training, resources and service development
- We are committed to using funding carefully and responsibly

CUAN
An Ghníomhaireacht um Fhoréigean Baile, Gnéasach agus Inscnebhunaithe
The Domestic, Sexual and Gender-Based Violence Agency

A Special Thank You – Finance & Administration



John Campion – our incredible accountant



Xeinadin Accountants – continued financial expertise and support



Thank you especially to Donal for being here tonight



Thank you to Brídie for her support throughout the year



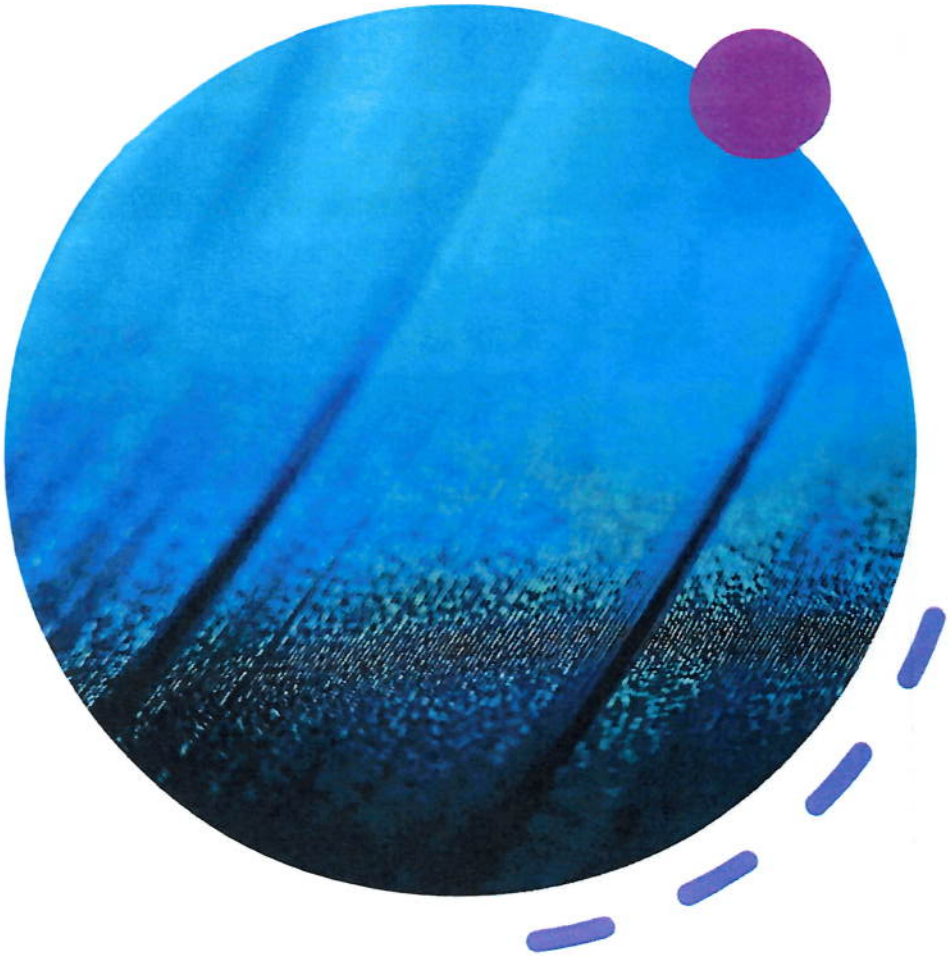
Behind-the-scenes support is vital to the work of the Centre

Our Board

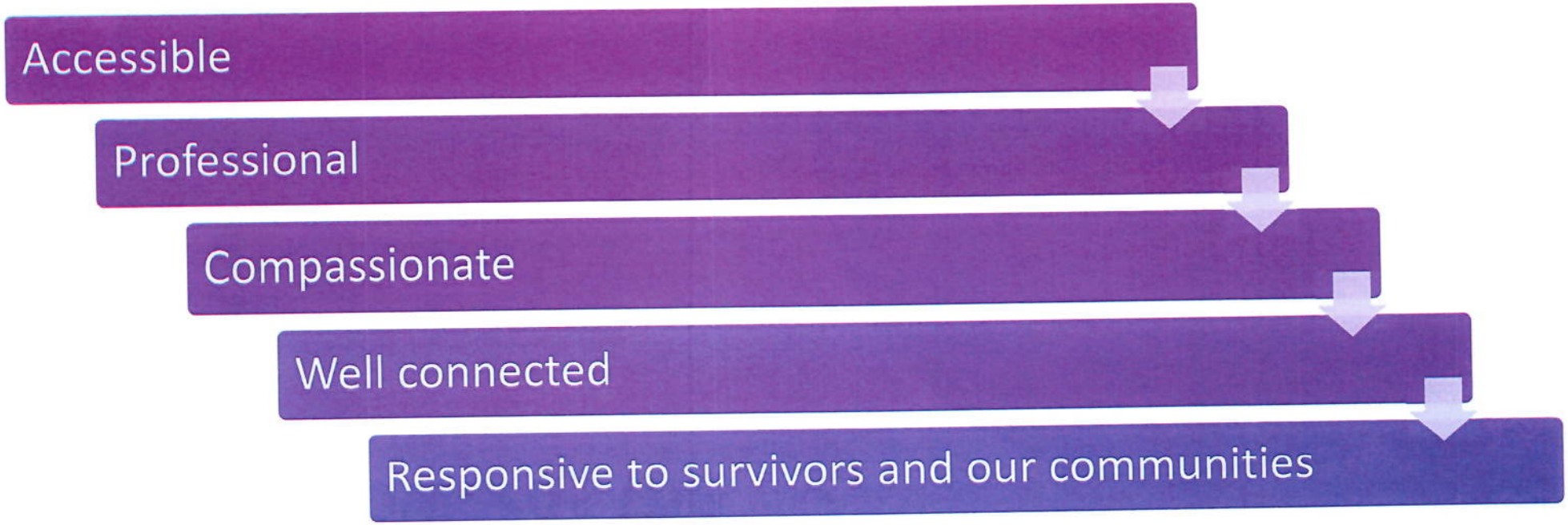
- Thank you to the Board for support, encouragement and confidence
- Good governance and strong leadership are essential
- Thank you for supporting me through my first year as Centre Manager
- Welcome and thank you to Anne Meaney, our newest Board member
- Looking forward to the experience and perspective Anne will bring

Looking Towards the Future

- Build on 30 years of experience while looking towards the next 30
- Stronger partnerships and community connections
- Greater visibility through social media and podcasts
- More training, outreach and education opportunities
- Continued development of services around survivor needs



What We Want to Be



Acknowledgements

To our Board, staff and volunteers, thank you

To CUAN, HSE National Lottery and all grant funders, thank you

To John Campion, Xeinadin, Donal and Brídie, thank you

To our schools, partners, statutory agencies, businesses and community supporters, thank you

Most importantly, thank you to every survivor who has trusted us

Our Commitment



WE LISTEN



WE BELIEVE



WE SUPPORT



WE EMPOWER

Thank You

Thank you all for your continued support of Carlow and South Leinster Rape Crisis Centre

Together, I truly know and believe we can build a stronger future for survivors and our communities.

Chairperson's Report

Good evening everyone, and thank you for joining us for the Annual General Meeting of Carlow and South Leinster Rape Crisis Centre.

As Chair of the Board, I am very pleased to present my report and to reflect briefly on what has been an important year for the Centre.

Philomena has outlined the considerable work undertaken across our services during the year. Rather than repeat that work, I would like to look at the organisation from the perspective of the Board: where we have come from, the responsibility we carry as directors, and where we believe the Centre needs to go next.

30 Years of Service

This year is particularly significant as we mark 30 years of Carlow and South Leinster Rape Crisis Centre.

Thirty years is an extraordinary achievement for any community organisation. It represents three decades of people giving their time, expertise and commitment to ensuring that survivors of sexual violence have somewhere safe to turn.

As a Board, however, we recognise that an anniversary is not only an opportunity to look backwards. It is also an opportunity to ask ourselves what kind of organisation we want this Centre to be for the next 30 years.

The environment in which charities and specialist sexual violence services operate continues to change. Expectations around governance, safeguarding, accountability, employment practices, clinical standards and financial oversight are rightly high.

Our responsibility as a Board is therefore to ensure that the Centre continues to evolve while never losing sight of why it exists: to provide safe, specialist and compassionate support to survivors.

Governance and Organisational Development

A significant focus for the Board during the year has been strengthening the governance structures that support the Centre.

Good governance is sometimes work that happens quietly in the background. It involves policies, procedures, financial oversight, risk management, accountability and ensuring that there is clarity between the responsibilities of the Board and those of management.

But these things matter enormously.

Strong governance creates the conditions in which good services can operate.

During the year, the Board has continued to review and develop policies and procedures and to consider how we can strengthen the governance framework around the organisation.

We are also conscious that governance is never something that can be regarded as finished. As the Centre develops, our governance must develop with it.

Our engagement with organisations such as Charities Institute Ireland will therefore be important in helping us continue to benchmark ourselves against good practice within the charity sector.

Leadership and Management

This year has also involved an important period of organisational transition with Philomena taking up the position of Centre Manager.

On behalf of the Board, I want to acknowledge the commitment she has shown in taking on the role and the energy she has brought to the Centre.

Leadership transitions are important moments for organisations. The Board's responsibility is not to manage the Centre on a day-to-day basis, but to provide appropriate oversight, challenge, support and clarity so that management can lead effectively.

We will continue to work closely with Philomena while maintaining that important distinction between **governance and operational management**.

I would also like to recognise the contribution of Anne Kirwan Finn and her many years of commitment and service to the Centre. Her knowledge and experience have contributed significantly to the organisation and its clinical work.

Our People

From a governance perspective, one of our most important responsibilities is the wellbeing and sustainability of the organisation itself.

And an organisation such as ours is fundamentally dependent upon its people.

Working with sexual violence and trauma is demanding work. The Board recognises the professionalism, compassion and emotional commitment required from our counsellors, support staff, educators, administrators and volunteers.

As we develop the organisation, we must therefore continue to pay attention not only to what services we provide, but also to the environment in which our people provide them.

A healthy organisation requires appropriate support, good communication, professional development, clear policies and a culture where people feel respected and able to contribute.

I want to sincerely thank every member of staff and every volunteer for the contribution they have made during the year.

Partnerships and Our Place in the Community

Another important strategic priority is strengthening our relationships across Carlow and South Leinster.

Sexual violence cannot be addressed by one organisation working in isolation.

Our relationships with statutory agencies, schools, community organisations, local representatives, businesses and other specialist services allow us to reach people who may otherwise never come through our doors.

The development of partnerships with organisations including Women's Aid, the Courts Service, local authorities, Chambers of Commerce, schools, community organisations and other agencies therefore represents more than networking.

It strengthens the infrastructure around survivors and helps create communities that are better informed about sexual violence, consent and available supports.

Prevention and Education

The Board also recognises the importance of the Centre's prevention and education work.

The KAS programme is an excellent example.

Working with young people around consent, healthy relationships, sexual violence, online behaviour and image-based abuse allows the Centre to contribute not only to responding to sexual violence, but also to its prevention.

That is an important part of our wider social purpose.

We therefore recognise and thank the staff involved in delivering and coordinating this work in schools throughout our region.

Looking Forward

As Chair, I believe the next phase of the Centre should be characterised by **responsible development**.

We want an organisation that is ambitious, but sustainable.

We want strong management supported by strong governance.

We want staff who feel supported and valued.

We want meaningful partnerships rather than partnerships simply for their own sake.

We want prevention and education to sit alongside high-quality specialist therapeutic support.

And above everything else, we want survivors to remain at the centre of our decision-making.

As directors, we have a responsibility to sometimes ask difficult questions. That is part of good governance.

But we also have a responsibility to recognise what is working, support our staff and management, and protect the values that have sustained this organisation for three decades.

Acknowledgements

I want to thank my fellow Board members for their time, professionalism and commitment throughout the year.

Board membership is voluntary and much of the work happens outside meetings and away from public view. I greatly appreciate the responsibility each director accepts in helping govern this organisation.

I would also like to welcome Anne to the Board. We look forward to the additional experience and perspective she will bring to our work.

I want to thank Philomena, our staff and volunteers for everything they have contributed during the year.

I want to take a moment to particularly acknowledge our staff. There is a genuine passion and commitment to this work that I have witnessed personally, and I believe that matters enormously. For survivors experiencing some of the darkest and most distressing periods of their lives, having someone who can hold hope when hope feels very difficult to find can make an extraordinary difference. Our staff provide that light. They meet people at times of vulnerability, uncertainty and despair, and they do so with compassion, professionalism and humanity. This is emotionally demanding work. Yet, time and again, I have seen our staff approach it with integrity, courage, compassion and a deep sense of responsibility towards the people who place their trust in this Centre. Sometimes, when a person cannot yet see a way forward for themselves, another person can hold that sense of hope for them until they are ready to see it again. I believe our staff do that every day. So, on behalf of the Board, I want to say a very special thank you to every member of staff. Your work matters, your commitment is recognised, and the difference you make in the lives of survivors is deeply valued.

I also want to acknowledge CUAN and our other funders and partners. Sustainable specialist services depend upon strong relationships between organisations, communities and those responsible for funding them.

Finally, and most importantly, I want to acknowledge the survivors who place their trust in this Centre.

Behind our governance reports, budgets, policies, strategic plans and Board meetings are real people.

That is something we must never lose sight of.

Thirty years ago, people came together because they believed survivors of sexual violence deserved somewhere they could be heard, believed and supported.

Thirty years later, that remains our purpose.

Our responsibility as a Board is to protect that purpose while ensuring this organisation is strong enough, well governed enough and sustainable enough to carry it into the future.

It is a privilege to serve as Chair of Carlow and South Leinster Rape Crisis Centre, and I look forward to working with the Board, Philomena, our staff, volunteers and partners as we begin the next chapter of the Centre.

Thank you.

David Gahan

Chair Person of Carlow South Leinster Rape Crisis Centre

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

Annual Report and Audited Financial Statements

for the financial year ended 31 December 2025

Xeinadin Audit Ireland Limited
Chartered Accountants & Statutory Auditors
Enterprise House
Dublin Road
Kilkenny
R95 K067

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee
CONTENTS

	Page
Reference and Administrative Information	3
Directors' Annual Report	4 - **Error! Bookmark not defined.**
Directors' Responsibilities Statement	7
Independent Auditor's Report	8 - 10
Statement of Financial Activities	11
Balance Sheet	12
Statement of Cash Flows	13
Notes to the Financial Statements	14 - 18
Supplementary Information relating to the Financial Statements	20

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee
REFERENCE AND ADMINISTRATIVE INFORMATION

Directors	Gerald Preteau Anne Meaney (Appointed 13 August 2026) Sarah Otten David Gahan Anita Whyte (Resigned 24 June 2025) Sarah Shakespeare (Resigned 7 April 2026) Gerard Murphy (Resigned 31 August 2026)
Company Secretary	Sarah Otten (Appointed 14 May 2026) David Gahan (Resigned 14 May 2026)
Charities Regulatory Authority Number	12253
Company Registration Number	242570
Registered Office	72 Tullow Street Carlow R93E6D2
Auditors	Xeinadin Audit Ireland Limited Chartered Accountants & Statutory Auditors Enterprise House Dublin Road Kilkenny R95 K067
Principal Bankers	Allied Irish Bank 36/37 Tullow Street Carlow

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee
DIRECTORS' ANNUAL REPORT
for the financial year ended 31 December 2025

The directors present their Directors' Annual Report, combining the Directors' Report and Trustees' Report, and the audited financial statements for the financial year ended 31 December 2025.

The financial statements are prepared in accordance with the Companies Act 2014, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Directors' Report contains the information required to be provided in the Directors' Annual Report under the Statement of Recommended Practice (SORP) guidelines. The directors of the charity are also charity trustees for the purpose of charity law and under the charity's constitution are known as members of the board of trustees.

In this report the directors of Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee present a summary of its purpose, governance, activities, achievements and finances for the financial year 2025.

The charity is a registered charity and hence the report and results are presented in a form which complies with the requirements of the Companies Act 2014 and, although not obliged to comply with the Statement of Recommended Practice applicable in the UK and Republic of Ireland FRS 102, the organisation has implemented its recommendations where relevant in these financial statements.

The charity is a company limited by guarantee not having a share capital.

Mission, Objectives and Strategy

Mission Statement
We exist to prevent & respond to the crimes of Rape, Sexual Abuse & sexual Violence.

We achieve our mission through maintaining the highest levels of expertise in our provision of professional counselling advocacy support specialist training & raising awareness to the reality of Sexual Violence.
We are an independent, expert, dedicated, community based Non-Governmental Organization (NGO0 made up of staff, volunteers, our Board & supporters. We believe in:
- The right of every person to live free from sexual violence and the threat of Sexual Violence.
- The right to free, confidential, accessible, safe, expert, trauma-based support for all survivors of any form of sexual violence.
- Working in partnership with our services users, who have unique insights and are active participants in their survival & recovery.
- Working in partnership with a range of community & statutory agencies to ensure informed, fit for purpose response to survivors of Sexual Violence.
- Continual learning regarding the nature of sexual Violence crimes & best practice responses for victims including continuing to learn through listening to survivors.
- The Valuable contribution of each volunteer staff & boards members & the share responsible for taking care of the impact of working with Sexual Violence.

Objectives
- To provide a 5 day week confidential counselling service to adult survivors of sexual abuse free of charge
- To provide outreach services by appointment in Athy, Newbridge, Curragh. & Kildare
- To provide a telephone support/helpline service
- Provide couples therapy, group therapy, creative & play therapy
- To provide education to raise social & personal awareness regarding the dynamics and the effects of sexual abuse and develop continuous professional development
- To lobby for legal representation for survivors of sexual abuse

Strategy
- To coordinate our actions organize ourselves and work together to continue providing an effective response to client needs and preferences.
- To challenge societal norms, reduce stigma related to sexual violence and advocate on behalf of survivors of sexual abuse & violence
- To become a key services provider regionally in education, training, and community attitude change
- To increase funding to achieve the service innovations and to meet existing community needs
- To enhance our visibility in the local community and with community/statutory stakeholders.

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

DIRECTORS' ANNUAL REPORT

for the financial year ended 31 December 2025

Structure, Governance and Management

Structure
We are an independent not-for profit organization incorporated as a Company Limited by Guarantee.
We are government by a voluntary board of Directors. The Board meets regularly and is responsible for ensuring good governance systems and processes are in place and that ensuring that all legal duties are met.

Governance
The company is governed by a Constitution under the Companies Act 2014. The Company is Limited by guarantee and does not have a share capital. Therefore the directors who served during the year did not have a beneficial interest in the company. All Directors served in a voluntary capacity. The board met on a regular basis during the year and gives priority to achieving the highest standard of corporate governance, strategic planning, financial management & fundraising. The board recognises the need for continuously strengthening risk management. The company is listed on the register of the Charities Regulatory Authority (CRA) and declared to the CRA on 31 October 2025 that it is in full compliance with the Charities Governance Code.

Management
The board delegates the day to day running of affairs and the carrying out of its policies to the Chief Executive officer.

Financial Review
The results for the financial year are set out on page 11 and additional notes are provided showing income and expenditure in greater detail.

Financial Results
At the end of the financial year the charity had gross assets of €62,629 (2024 - €29,089) and gross liabilities of €29,671 (2024 - €4,650). The net assets of the charity have increased by €8,519.

Reserves Position and Policy
It is the policy of the Board to maintain where possible, on an ongoing basis, sufficient cash reserves to equate to one months expenditure.

Principal Risks and Uncertainties
The directors have no plans to significantly change the activities and operations of the company for the foreseeable future, however this is dependent on receiving continuing funding from Cuan. The Directors expect this funding to continue for the foreseeable future. The company has a separate finance subcommittee which consists of two directors and the manager of the centre.

Directors and Secretary
The directors who served throughout the financial year, except as noted, were as follows:

Gerald Preteau
Anne Meaney (Appointed 13 August 2026)
Sarah Otten
David Gahan
Anita Whyte (Resigned 24 June 2025)
Sarah Shakespeare (Resigned 7 April 2026)
Gerard Murphy (Resigned 31 August 2026)

In accordance with the Constitution, the directors retire by rotation and being eligible, offer themselves for re-election.

The secretaries who served during the financial year were;

Sarah Otten (Appointed 14 May 2026)
David Gahan (Resigned 14 May 2026)

Compliance with Sector-Wide Legislation and Standards
The charity engages pro-actively with legislation, standards and codes which are developed for the sector. Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee subscribes to and is compliant with the following:
- The Companies Act 2014
- The Charities SORP (FRS 102)

The Auditors
Carrigan O'Dwyer Limited (Chartered Accountants) resigned as auditors during the financial year and the directors appointed Xeinadin Audit Ireland Limited, (Chartered Accountants & Statutory Auditors), to fill the vacancy.

Accounting Records
To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at 72 Tullow Street, Carlow, R93E6D2.

Approved by the Board of Directors on 10 September 2026 and signed on its behalf by:

Director David Cuhan

Director S. Otten

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 31 December 2025

The directors are responsible for preparing the Directors' Annual Report and Financial Statements in accordance with the Companies Act 2014 and applicable regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the net income or expenditure of the charity for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for ensuring that the charity keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charity, enable at any time the assets, liabilities, financial position and net income or expenditure of the charity to be determined with reasonable accuracy, enable them to ensure that the financial statements and the Directors' Annual Report comply with Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the charity's auditor in connection with preparing the auditor's report) of which the charity's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Approved by the Board of Directors on 10 September 2026 and signed on its behalf by:

Director David Cashman

Director S. Otten

INDEPENDENT AUDITOR'S REPORT
to the Members of Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

Report on the audit of the financial statements

Opinion
We have audited the charity financial statements of Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee ('the Charity') for the financial year ended 31 December 2025 which comprise the Statement of Financial Activities (incorporating an Income and Expenditure Account), the Balance Sheet, the Statement of Cash Flows and the notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

In our opinion the financial statements:
- give a true and fair view of the assets, liabilities and financial position of the Charity as at 31 December 2025 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described below in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other Information
The directors are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

INDEPENDENT AUDITOR'S REPORT
to the Members of Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

Opinions on other matters prescribed by the Companies Act 2014
In our opinion, based on the work undertaken in the course of the audit, we report that:
- the information given in the Directors' Annual Report is consistent with the financial statements;
- the Directors' Annual Report has been prepared in accordance with the Companies Act 2014; and

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the charity were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

Respective responsibilities

Responsibilities of directors for the financial statements
As explained more fully in the Directors' Responsibilities Statement set out on page 7, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless they either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Further information regarding the scope of our responsibilities as auditor
As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

INDEPENDENT AUDITOR'S REPORT
to the Members of Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

The purpose of our audit work and to whom we owe our responsibilities
Our report is made solely to the charity's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our audit work, for this report, or for the opinions we have formed.

XEINADIN AUDIT IRELAND LIMITED
Chartered Accountants & Statutory Auditors
Enterprise House
Dublin Road
Kilkenny
R95 K067

10 September 2026

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an Income and Expenditure Account)
for the financial year ended 31 December 2025

	Notes	Unrestricted Funds 2025 €	Restricted Funds 2025 €	Total Funds 2025 €	Unrestricted Funds 2024 €	Restricted Funds 2024 €	Total Funds 2024 €
Income							
Donations and legacies	3.1	**3,481**	-	**3,481**	2,359	-	2,359
Charitable activities - Grants from governments and other co-funders	3.2	**35,330**	**350,746**	**386,076**	23,800	333,578	357,378
Total income		**38,811**	**350,746**	**389,557**	26,159	333,578	359,737
Expenditure							
Charitable activities	4.1	**30,003**	**351,035**	**381,038**	29,944	333,578	363,521
Net income/(expenditure)		**8,808**	**(289)**	**8,519**	(3,785)	-	(3,784)
Transfers between funds		**-**	**-**	**-**	-	-	-
Net movement in funds for the financial year		**8,808**	**(289)**	**8,519**	(3,785)	-	(3,784)
Reconciliation of funds: Total funds beginning of the year	13	**(7,714)**	**32,153**	**24,439**	(3,929)	32,153	28,223
Total funds at the end of the year		**1,094**	**31,864**	**32,958**	(7,714)	32,153	24,439

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

BALANCE SHEET

as at 31 December 2025

	Notes	2025 €	2024 €
Fixed Assets			
Tangible assets	7	2,304	4,881
Current Assets			
Debtors	8	2,922	2,703
Cash at bank and in hand	9	57,403	21,505
		60,325	24,208
Creditors: Amounts falling due within one year	10	(29,671)	(4,650)
Net Current Assets		30,654	19,558
Total Assets less Current Liabilities		32,958	24,439
Funds			
Restricted trust funds		31,864	32,153
General fund (unrestricted)		1,094	(7,714)
Total funds	13	32,958	24,439

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Directors and authorised for issue on 10 September 2026 and signed on its behalf by

David Cullen

Director

S. Otten

Director

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee

STATEMENT OF CASH FLOWS

for the financial year ended 31 December 2025

	Notes	2025 €	2024 €
Cash flows from operating activities			
Net movement in funds		**8,519**	(3,784)
Adjustments for:			
Depreciation		**2,577**	2,577
		11,096	(1,207)
Movements in working capital:			
Movement in debtors		**(219)**	903
Movement in creditors		**25,021**	(10,386)
Cash generated from/(used in) operations		**35,898**	(10,690)
Net increase/(decrease) in cash and cash equivalents		**35,898**	(10,690)
Cash and cash equivalents at the beginning of the year		**21,505**	32,195
Cash and cash equivalents at the end of the year	**9**	**57,403**	21,505

NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2025

1. GENERAL INFORMATION

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee is a company limited by guarantee incorporated in Ireland. The registered office of the charity is 72 Tullow Street, Carlow, R93E6D2 which is also the principal place of business of the charity. The financial statements have been presented in Euro (€) which is also the functional currency of the charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's financial statements.

Statement of compliance
The financial statements of the charity for the financial year ended 31 December 2025 have been prepared on the going concern basis and in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102", applying Section 1A of that Standard.

Fund accounting
The following are the categories of funds maintained:

Restricted funds
Restricted funds represent income received which can only be used for particular purposes, as specified by the donors. Such purposes are within the overall objectives of the charity.

Unrestricted funds
Unrestricted funds consist of General and Designated funds.

- General funds represent amounts which are expendable at the discretion of the board, in furtherance of the objectives of the charity.
- Designated funds comprise unrestricted funds that the board has, at its discretion, set aside for particular purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

Income
Income is recognised by inclusion in the Statement of Financial Activities only when the charity is legally entitled to the income, performance conditions attached to the item(s) of income have been met, the amounts involved can be measured with sufficient reliability and it is probable that the income will be received by the charity.

Income from charitable activities
Income from charitable activities includes income earned from the supply of services under contractual arrangements and from performance related grants which have conditions that specify the provision of particular services to be provided by the charity. Income from government and other co-funders is recognised when the charity is legally entitled to the income because it is fulfilling the conditions contained in the related funding agreements. Where a grant is received in advance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, it is accrued in debtors.

Grants from governments and other co-funders typically include one of the following types of conditions:

- Performance based conditions: whereby the charity is contractually entitled to funding only to the extent that the core objectives of the grant agreement are achieved. Where the charity is meeting the core objectives of a grant agreement, it recognises the related expenditure, to the extent that it is reimbursable by the donor, as income.

-Time based conditions: whereby the charity is contractually entitled to funding on the condition that it is utilised in a particular period. In these cases the charity recognises the income to the extent it is utilised within the period specified in the agreement.

In the absence of such conditions, assuming that receipt is probable and the amount can be reliably measured, grant income is recognised once the charity is notified of entitlement.

Grants received towards capital expenditure are credited to the Statement of Financial Activities when received or receivable, whichever is earlier.

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 December 2025

Expenditure
Expenditure is analysed between costs of charitable activities and raising funds. The costs of each activity are separately accumulated and disclosed, and analysed according to their major components. Expenditure is recognised when a legal or constructive obligation exists as a result of a past event, a transfer of economic benefits is required in settlement and the amount of the obligation can be reliably measured. Support costs are those functions that assist the work of the charity but cannot be attributed to one activity. Such costs are allocated to activities in proportion to staff time spent or other suitable measure for each activity.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	20% Straight line

Debtors
Debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Income recognised by the charity from government agencies and other co-funders, but not yet received at financial year end, is included in debtors.

Cash at bank and in hand
Cash at bank and in hand comprises cash on deposit at banks requiring less than three months notice of withdrawal.

Taxation and deferred taxation
No current or deferred taxation arises as the charity has been granted charitable exemption. Irrecoverable valued added tax is expensed as incurred.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the charity's taxable income and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. INCOME

3.1 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	2025	2024
	€	€	€	€
Donations and legacies	3,481	-	3,481	2,359

3.2 CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2025	2024
	€	€	€	€
Grants from governments and other co-funders:				
Income from charitable activities	35,330	350,746	386,076	357,378

4. EXPENDITURE

4.1 CHARITABLE ACTIVITIES

	Direct Costs	Other Costs	Support Costs	2025	2024
	€	€	€	€	€
Expenditure on charitable activities	313,384	7,466	41,424	362,274	351,533
Governance Costs (Note 4.2)	-	-	18,764	18,764	11,969
	313,384	7,466	60,188	381,038	363,522

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 December 2025

4.2 GOVERNANCE COSTS

	Direct Costs €	Other Costs €	Support Costs €	2025 €	2024 €
Charitable activities - governance costs	-	-	18,764	18,764	11,969

5. NET INCOME

	2025 €	2024 €
Net Income is stated after charging/(crediting):		
Depreciation of tangible assets	2,577	2,577
Auditor's remuneration:		
- audit services	5,232	4,000

6. EMPLOYEES AND REMUNERATION

The average monthly number of employees, including directors, during the financial year was 12, (2024 -12).

The staff costs comprise:	2025 €	2024 €
Wages and salaries	245,224	234,889
Social security costs	25,978	25,213
Pension costs	16,822	15,599
	288,024	275,701

The Number of employees that received employee benefits (excluding employer pension costs) of between €70,000 & €80,000 in the year was 1.
No Director has been paid any remuneration or received any other benefits from an employment with the Charity of any related entity in the year.
No director expenses have been incurred or paid in the year.

7. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment €	Total €
Cost		
At 31 December 2025	35,279	35,279
Depreciation		
At 1 January 2025	30,398	30,398
Charge for the financial year	2,577	2,577
At 31 December 2025	32,975	32,975
Net book value		
At 31 December 2025	2,304	2,304
At 31 December 2024	4,881	4,881

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 December 2025

8. DEBTORS

	2025 €	2024 €
Other debtors	1,334	1,334
Prepayments	1,588	1,369
	2,922	2,703

9. CASH AND CASH EQUIVALENTS

	2025 €	2024 €
Cash and bank balances	57,403	21,505

10. CREDITORS

Amounts falling due within one year	2025 €	2024 €
Accruals	15,426	4,650
Deferred Income	14,245	-
	29,671	4,650

11. STATE FUNDING

Grantor	**CUAN - The Domestic, Sexual and Gender Based Violence Agency**
Government Department	Department of Justice , Home Affairs & Migration
Grant Programme	Community Services
Purpose of the Grant	Care and protection of victims of domestic, sexual and gender-based violence (DSGBV)
Term	Annual
Total grant awarded	€364,991
Expenditure	€351,035
Amount of the grant taken to income in the current financial statements	€350,746
Cash received in the financial year	€364,991
Grant amounts deferred or due at financial year end	€14,245
Capital grant (Note 1)	Nil
Restriction on use, if any	Restricted to terms of Service Level Agreement

12. RESERVES

	2025 €	2024 €
At the beginning of the year	24,439	28,223
Surplus/(Deficit) for the financial year	8,519	(3,784)
At the end of the year	32,958	24,439

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee
NOTES TO THE FINANCIAL STATEMENTS
for the financial year ended 31 December 2025

13. FUNDS
13.1 RECONCILIATION OF MOVEMENT IN FUNDS

	Unrestricted Funds €	Restricted Funds €	Total Funds €
At 1 January 2024	(3,929)	32,152	28,223
Movement during the financial year	(3,785)	-	(3,784)
At 31 December 2024	(7,714)	32,152	24,439
Movement during the financial year	8,808	(289)	8,519
At 31 December 2025	**1,094**	**31,863**	**32,958**

13.2 ANALYSIS OF MOVEMENTS ON FUNDS

	Balance 1 January 2025 €	Income €	Expenditure €	Balance 31 December 2025 €
Restricted funds				
Restricted	32,152	350,746	351,035	31,863
Unrestricted funds				
Unrestricted General	(7,714)	38,811	30,003	8,808
Total funds	**24,439**	**389,557**	**381,038**	**32,958**

13.3 ANALYSIS OF NET ASSETS BY FUND

	Fixed assets - charity use €	Current assets €	Current liabilities €	Total €
Restricted trust funds	2,304	60,325	(29,671)	32,958
	2,304	**60,325**	**(29,671)**	**32,958**

14. STATUS

The charity is a company limited by guarantee not having a share capital.

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members, or within one financial year thereafter, for the payment of the debts and liabilities of the company contracted before they ceased to be members, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amount as may be required, not exceeding € 1.

15. RELATED PARTY TRANSACTIONS

During the year, the company rented its outreach centre from its manager, an employee of the company. The property was rented on an arm's length basis at a cost of €9,360 per annum (2024 - €9,360).

16. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the Charity since the financial year-end.

17. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the Board of Directors on 10 September 2026.

CARLOW & SOUTH LEINSTER RAPE CRISIS CENTRE COMPANY LIMITED BY GUARANTEE

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2025

NOT COVERED BY THE REPORT OF THE AUDITORS

Carlow & South Leinster Rape Crisis Centre Company Limited by Guarantee
SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

Operating Statement
for the financial year ended 31 December 2025

	2025 €	2024 €
Income		
Donations	3,481	2,359
KAS Programme	28,330	14,500
Unrestricted grants	-	1,800
Cuan Core Funding	350,746	333,578
HSE Grant	7,000	7,500
	389,557	359,737
Expenses		
Wages and salaries	245,224	234,889
Social security costs	25,978	25,213
Staff defined contribution pension costs	16,822	15,599
Staff training	7,466	6,404
Rent payable	25,360	24,927
Insurance	2,187	2,362
Light and heat	3,784	3,784
Cleaning	1,124	186
Repairs and maintenance	4,212	6,026
Printing, postage and stationery	7,326	8,158
Advertising	240	90
Telephone	4,190	4,158
Computer costs	3,713	-
Travelling and entertainment	6,991	5,820
Legal and professional	13,532	14,931
Auditor's/Independent Examiner's remuneration	5,232	4,000
Bank charges	361	439
General expenses	3,592	3,198
Subscriptions	1,127	760
Depreciation	2,577	2,577
	381,038	363,521
Net surplus/(deficit)	8,519	(3,784)